

Chapter 13

Tesla Soul Communication

Communication Beyond Words

Tesla Soul Communication is a healing method where the healer and the client journey together from communicating on the level of the conscious mind, to reaching the subconscious mind, and even transcending further to the level of the integrative mind. The healer goes to the Source to bring the message. The client does not have to, and most of the time, he is not physically present when this method is being utilised. However, it is irrelevant where the client physically is at the moment of the Tesla Soul Communication session. Clients could be on the other side of the planet, but they could also be sitting in the same room with the practitioner. This communication transcends communication with words. This is the communication through meaning, images and emotions. The practitioner *writes down everything as it comes through*, without processing it through his logical mind or correcting it. It is very important to write down all the communication, both questions and answers, because, no matter how it might seem to us that we would remember, it is more than certain that we will forget at least eighty percent of the information that came through. That, which we get, we *do not interpret* to the client. We just deliver it exactly as it came through. At times, this that we get might not make any sense to us, but it could have a lot of meaning for the client. For example, when I was doing Tesla Soul Communication on a beautiful young girl who was smiling from the photo, I had a vision of roundish feathers, turquoise around the edges and yellow in the middle, and I had a feeling of fear of falling down head first. If I had been trying to

make sense of it, I couldn't. The logic would complain: "I am not doing healing of a bird!" Actually, it turned out that the girl on the photo I had been given, was a showgirl on the trapeze in a circus, and her costume was made of such feathers. She ran away from the circus, and they were not able to find her. We always need to remember: the healing is about the client and the information from the text is dedicated for the client. We do not need to understand, or to interpret it to the client.

In the class, during the Tesla Metamorphosis II seminar, where you learn how to perform Tesla Soul Communication, the first exercise is done with photos. Each student brings a photo of somebody who needs healing. The photos are placed on the table face down. Students chose a photo to work on, avoiding the photo they have brought. If it happens that somebody selects a photo of someone whom he knows, he returns the photo and changes it for a photo of someone whom he does not know. When the student is choosing the photo which they are going to bring into the class, it is important to choose a person whom they know well enough to be able to give a feedback to the student who will be doing the session with this photo. There is a great excitement in the class when students discover from the feedback they are given, that they were communicating with this particular person, that the one who brought the photo can recognise the style, bywords and attitude of the person in the photo.

The only purpose of this process is healing; it has nothing to do with fortune telling or scanning for medical diagnosing. Also, it cannot be used to satisfy your curiosity and find out what someone thinks of someone or something. In cases when some clients could not notice any significant improvement after three sessions of Tesla Healing Metamorphosis, the process of Tesla Soul Communication might help them to understand why they were preventing themselves from the healing, or how and why they might be sabotaging themselves, or creating a situation or condition which was blocking them from going forward, from making a change.

This method could also help us to find out the cause of an illness. With Yolanda, mentioned in Chapter 12, her illness was her choice; she managed to bring it from her subconscious to her con-

scious mind, and she had chosen to live with it. For most clients, the illness is not their conscious choice. There were cases when clients had discovered that they manifested a disease to punish themselves, or to punish somebody else, or to get attention, or to avoid changes in their lives. The cause also could be a trauma from childhood, some experiences from a previous life, resistance to accept a situation or some truth, the stumble in a struggle to transcend the limitations that were created as the result of some personal belief systems; it could be anything. We could make a very long list of reasons people create to sabotage themselves. All reasons from this list would come under the same category: the *fear*. The most common fear is the fear of abandonment; in other words, fear that they might miss, or are missing *love*.

We keep in our subconscious mind many memories; thoughts, emotions, images, beliefs. Some of them are not pleasant. The events that were difficult to deal with, experiences that we want to forget - we pack them nicely, tie a ribbon, and push them into our subconscious mind. The problem is that they interfere with our life influencing our reactions, creating fears and illnesses. The process of Tesla Soul Communication helps us in bringing those issues from the subconscious onto the conscious level, where we shall be able to deal with them and overcome the problem. As Jung said: "Until you make the unconscious conscious, it will direct your life and you will call it fate."¹⁰⁸ This method could be even more effective than the method of free association or hypnotherapy because it works faster and because those two methods, widely used in psychology, work with the client to the level of the subconscious mind. Here, we go further, to the level of the integrative mind. When the level of the integrative mind is reached, this is the space of the soul, this is the space of our true Self. In the channelled text, Estella explains: "Integrative Mind is the mind beyond the subconscious mind... It brings the information of DNA and RNA and the information about the spiritual code of the being (where it is coming from, previous knowledge, arts, talents, roles in previous lives, etc.). To revive the memories, it is necessary to awaken the subconscious

mind... In the process of Healing Metamorphosis this mind awakens, establishing the balance of body and soul of each individual.”¹

The healing on the integrative mind level is the healing on the Soul level, as: “In the moment of dying the integrative mind is liberated to continue its evolution... Without this mind, there is no life.” The Soul level is the space of Love, the space of Truth. This is the space that connects us to our past lives (or our lives in other dimensions), the space where our soul is purified. This is the space through which we are all connected.

Further, the healer can go to the Source (the Field) and bring a message for the client. These messages are not precious just because they can help solving the health problem the client is experiencing; these messages transcend to the karmic healing. They could be life changing messages. They could be transformational. They bring the inner being to the state of metamorphosis.

Tesla Soul Communication allows us to establish communication in a very simple procedure, without a need of using any symbols or rituals. To create the communication, it is not necessary to be on the phone or Skype, not obligatory to have a photo, not even the name of the client. The information like “Kellie’s mother” would be enough. The *intention* is what simultaneously connects us. There is no need to ask for permission before starting the session because, if the person is not ready for the session of healing, the practitioner will be informed about it at the very beginning of the session and will have no doubts. Jung believed that things happen when the time is right, we get what we agree to, and this is absolutely applicable to this process. Though there are no lies on the subconscious and integrative mind level, the client can always make a choice about what to share.

During the session, as we already mentioned, the communication through meaning, emotions and through images is open. This is the communication beyond words. According to Estella**8, this is the way astral beings with higher frequencies of consciousness communicate. A good explanation for this is given by St. Augustin: “I am in Rome. I speak to you in Latin. If I were in Greece, I would

1 Chapter 3, Metamorphosis of Consciousness, channeled text from Estella.

talk in Greek. But the thoughts are not in Latin or Greek in me. They are something completely else. They are potentiality.” In Tesla Soul Communication, we communicate on the level of potentiality. When we receive the information, we “translate it” into images, feelings and meanings. Then we “translate” this into words which we write down.

When we communicate using words, then it could happen that we do not understand each other correctly, as the meaning of a word depends on our mutual agreement. In the communication through meanings, emotions and through images there is no misunderstanding. Therefore, language is not a barrier; a practitioner could communicate with clients who speak Chinese, Greek, Hungarian or any other language, even though he does not speak those languages. Eric Pearl wrote how his mother, after having her near death experience, explained: “The verbal language as we know it is not much of *assistance* to communication as it is a communication *barrier*.”⁹⁵

Practitioners need to stay open, with no judgment, neither toward whatever they receive from the client, nor toward themselves, in the process. With no speculations if it sounds logical, everything needs to be written down and noted: questions, answers, images that come through, feelings, sensations... Instead of giving advice, the practitioner is there to help the clients to find *their own truth*. Even if a client asks for advice, it is wise to answer the question with a question:

“What should I do?”

“What do you think you should do?”

We need to keep in mind that we cannot tell them what to do, *because we do not know what they should do!* Something that might look good and appropriate to us, might not be good or appropriate for them, or would not be the right thing to do in the present situations in their lives.

Once, during a class, I was explaining that we might start the Tesla Soul Communication session with the question: “What do you need for healing?” One student, an elderly gentleman, a Doctor of Science, asked: “I am sorry, I do not understand. At the previous seminar, when we were doing Tesla Healing Metamorphosis, you said that we did not need to know what the client’s health problem

was, and now you say that we should ask him what he needs for healing! Isn't that a contradiction?"

Yes, it really sounds like a contradiction, but it is not. Most of the time we will not get answers such as: "I have problems with my kidneys." Or: "My heart is not functioning properly." Most probably, we will get information of what it is that brings them to that state of health. They might bring out some suppressed feelings, indicate a lack of self-respect, lack of love, fear, or many different things. Or they might show you some scenes from their life, maybe from their childhood, which might not seem of any importance to you, but which will help them to recall an event, or a situation which has subconsciously affected their lives, to bring that to the conscious mind, where they have a possibility to overcome the problem. Here is one example. In a session, a woman had shown me a girl and a boy, very small kids, who were quarrelling. The boy grabbed a doll from the girl's hands, and holding it by its legs, started hitting it against the floor. The doll's head was made of plastic, with glass eyes, and a body made of cloth filled with sawdust. The doll's head got broken. Sawdust started falling out of it. When I gave her what I had written down from the healing session, she told me that she had, from time to time, a nightmare, a dream in which there was a doll that had a broken head. Sawdust would start falling out of the doll's head, first just a bit, and then more and more. The sawdust would overwhelm her, and she could not breathe. She would wake up all sweaty and terrified, trying to catch her breath. The session recovered her memory of the event from her childhood, when her brother had broken her doll. She informed me later that the nightmare, since this session, never repeated again.

It might happen, sometimes, that a client mentions a particular health problem. If we receive such information, we need to remember that the purpose of this healing is not to diagnose. That which is in medical vocabulary called an illness - is actually just a symptom. The cause is somewhere else. Our role as a Tesla Metamorphosis practitioner is to help the client to find the cause. So, if someone tells us: "My knee hurts," we will ask: "Why does your knee hurt?"

Sometimes some of the clients get stuck, rejecting to move forward, to look for a solution. They would go in circles, like a fly

around a light bulb, avoiding to answer questions. Jung commented: “There is no coming to consciousness without pain. People will do anything, no matter how absurd, in order to avoid facing their own Soul. One does not become enlightened by imagining figures of light, but by making the darkness conscious.”¹⁰⁹ In order to help them in this struggle, we need to be very patient, but persistent.

Like in an ordinary conversation, you might meet very different partners in Tesla Soul Communication. Some will be hard to open up, having long episodes of silence, while others would be very fast, showering you with information, and you might have problems catching up with writing it down.

Hi, Tesla!

Tesla Metamorphosis II seminar, when Tesla Soul Communication is taught, truly fascinates me, because the students can do it, just like that! Each student is able to create this communication without me performing any initiation on them or teaching them any strictly set procedures in order to start the communication. There is no need for performing any rituals or using symbols!

When I started getting messages that I needed to teach this, I must admit, I was not confident that I could instruct others how to do it. I knew that I could do it, but even I did not know why I was able to do it. I was not using symbols to transcend space and time, but it worked. If I did not know what enabled me to create this communication, how could I teach somebody else? I kept on getting messages that I should teach this, and I decided to give it a go. My first class was very small: three people that I already knew. I started the theory and often I myself was surprised where this knowledge was coming from. The pieces of the puzzle were falling into places, and while I was teaching, everything was getting clearer to me too. The further we were going with the tasks I was giving them, the better they did it.

An interesting episode happened during this first class, on the second day of the seminar. It was a beautiful day. The sky was blue, as blue as it can be in Sydney. We were all listening to Marian, one of the students, who was reading what she had written down dur-

ing the healing. Our eyes were teary because what she was reading was very touching. All of a sudden, the clouds accumulated from nowhere, and numerous flashes of lightning started streaking the sky. We all turned toward the windows, as by command, and exclaimed: “Hi, Tesla!” (Tesla’s nick name was the Master of Lightning). In not more than ten minutes, the clouds disappeared. Not a drop of rain had fallen. The sky was bright blue again, and the sun was shining. I took it as an omen that I was on the right path, that I should teach Tesla Soul Communication.

Am I Projecting Myself?

In one class we had a student, Caroline, who questioned if she was capable of creating the communication with the client. She burst into tears: “Maybe others can do it, but I can’t! My client has the same problems I have. Am I projecting myself?” I explained to her how it often happens that we get clients who are dealing with problems we ourselves might be dealing with, or were dealing with in the past. Clients choose us for a reason, because healing is always giving and receiving, it is always two ways. Apart from that, the person who is dealing, or was dealing with the same or similar problem, will get a better understanding of it and will have more empathy for the client, which would make him more capable of helping him. I saw that this explanation did not make her any more confident, and I suggested that she did one more healing using a photo. Another student took out of her wallet a photo of her eleven-year-old son and gave it to her. When she finished the Tesla Soul Communication session, Caroline said: “I don’t understand. It does not make any sense, but I keep on seeing two boys, twins!” Then the lady who gave the photo burst into tears and shared with us that she had twins and had lost one at birth. She said that her son kept on asking if he had a twin brother and saying that he was communicating with his brother.

The point was that Caroline, who could not believe that she was able to create the communication, was given something that did not look logical at all, but was true. That was the way how she could get the evidence and achieve the confidence that she was able to do it.

Clients Choose What to Share

As we have already mentioned, when I ask students to bring a photo, or give a name of a person who needs healing, to choose someone they know well, so that they are able to give feedback to the student who is doing the healing session. In one class it happened that, after listening to the communication another student created with his wife during the healing session, the man responded: "I am sorry to say, but this all has nothing to do with my wife!" The next day, he came into the class, and he was brave and honest enough to share with us: "I gave the text to my wife to read, and, after reading it, she started to cry, and said that, finally, somebody was able to understand her!" Some people had found it funny. I do not know how funny it was, but I hope it helped the couple to understand each other better and heal their relationship.

When I was for the second time in Florida teaching the seminars, one of the students brought a photo of Danny who had been at the seminars in the previous year, and who, in the meantime, had suffered a severe car accident. He had a head injury and a large portion of his brain had to be removed. While he was in a coma, the doctors explained that, even if he ever came out of the coma, he would never be able to walk or talk because the part of his brain for comprehension, talking and walking had been surgically removed. Another practitioner was doing Tesla Metamorphosis sessions on him, and he not only recovered from the coma; he was able to talk, walk, work and drive a car. Because he still was not yet in the perfect balance of health, a group of nine students decided to stay after the class and do Tesla Soul Communication for Danny. Only one of them knew him personally. Others did not know anything about him, except that he had a severe car accident. Each student was working individually, writing the notes. It was interesting that, when they read what they had written, there was no doubt that each of them had communication with Danny. However, some pieces of information Danny was sharing were the same for all, but some were different. With one person he shared that he wished that he was able to fly a plane (he is a pilot), with the other, that the unity of family was very important to him, and it made him sad that this

was not the case with his family, and so on. That group session had proven my feeling that clients choose what they want to share with the practitioner, even though the communication is not only on the level of the conscious, but also on the subconscious and integrative mind level. For example, if I did a session with my son, and, let's say, one of his friends did a session with him, he would share different things with me from those he would share with his friend. Clients choose us, we do not choose clients. And everything is for a reason.

What Empowers Us?

I still did not have an explanation of what was empowering us to do Tesla Soul Communication. *“You are getting explanations via your soul. There are some techniques that cannot be learned on the mind level, and intellect could just confuse and interfere with the process of learning, as there is no necessary logic in it.”*² – states Estella. I understand. But, how come that we are able to access this information via our souls now? Why were we not able to access it before? My logical mind kept on asking questions like this. I just could not help it. The answers came later, when I decided to attend the classes of the teachings of Swami Vivekananda, inspired by Tesla's statements that it was “the only theory modern science can entertain”. This is where I received the insight of how we could explain the fact that Tesla Metamorphosis students could manage to establish the communication with their clients without using any symbols or rituals. Swami taught us about the special meditation yogis practise in order to elevate their consciousness frequency. The meditation would start from the Basic Chakra, which is red in colour, up through the seven main chakras, finishing with the Crown Chakra, which is purple in colour. Maybe the explanation lies there. When auras of the Tesla Metamorphosis students were photographed with the Polycontrast Interference Photography (PIP) Camera, the phenomenon that was registered was the predominant purple colour in the aura around their heads. This purple colour was not a common colour for a human aura, and Dr

2 Chapter 3, Metamorphosis of Consciousness, channeled text from Estella.

Prof Ljubo Ristovski defined it as a phenomenon which could not be scientifically explained at this stage.

The phenomenon of the purple colour in the auras of students who attended Tesla Metamorphosis seminars might indicate that the frequencies of Tesla Waves can enhance the frequency level of our consciousness to the level of the Crown Chakra. This could be a possible explanation of how all the students are able, in the Tesla Metamorphosis II seminar, to achieve such a direct and simple communication on the level of the conscious, subconscious and integrative minds with their clients.

According to Dr William Tiller, mental telepathy is faster than the speed of light. He states that through chakra consciousness, we can send coherent information at the frequency beyond the gamma ray spectrum, at a speed of up to 64.64 quadrillion miles per second. This is the level where we can attain ultra-cosmic consciousness. It can penetrate any subatomic barrier. We can synchronise our frequency with another parallel universe or dimension. He believes that it allows us to perceive it in a form of vision, knowledge, enlightenment and healing, or to reach the state of levitation.¹¹⁰ There are some other scientific researches which could answer as how and why we are able to create communication in the Tesla Soul Communication. At the Max Planck Institute of Quantum Optics, in 2012 scientists had created the first elementary quantum network based on interfaces between single atoms and photons. This has opened the possibility for building corresponding networks for the exchange of quantum information. Back in 1992, it was discovered how atoms communicate with each other at any distance in the Field. When electrons are in a higher frequency, the atom emits light waves carrying intelligent information. When an electron falls into a lower frequency level, the atom receives photons carrying intelligent information. The light particles always act randomly, like the human mind.

In the documentary “Quantum Communication”, Dr Bruce Lipton explains that we all have our personal energy signature, and when we tune into the frequency of another person, we can send our own dialogue and personal energy signature and information through our own bio-photons light emissions. There is no distur-

Images of Auras Made by PIP camera



PIP camera images of students, made after they finished Tesla Metamorphosis I seminar, show significant changes in their consciousness and energy level.

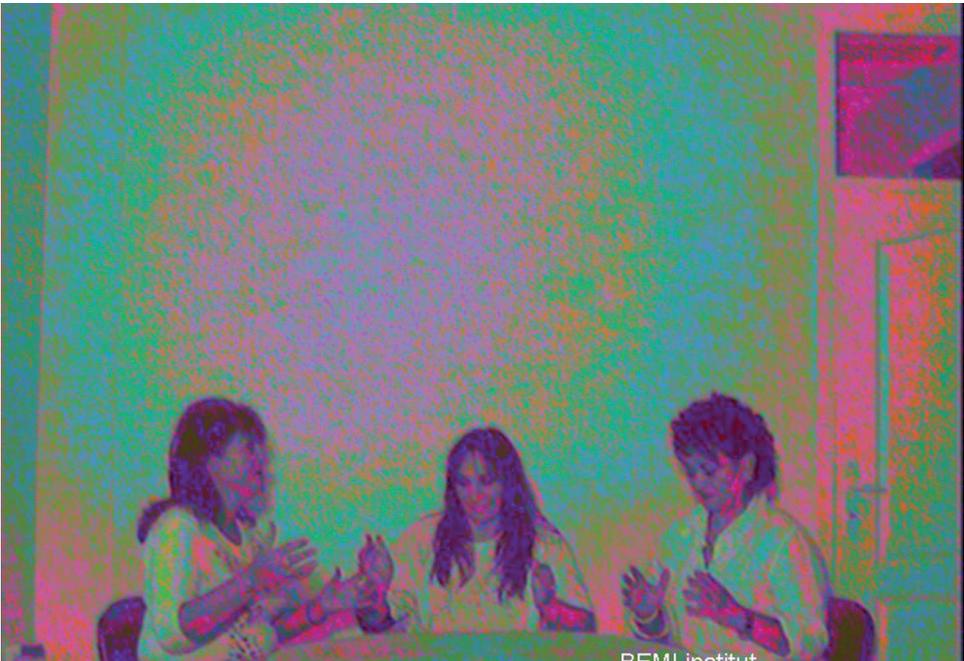
The presence of the purple colour in auras of students indicates that the frequency of their consciousness is on the level of the Crown Chakra.



This explains how they are able to achieve communication with their clients on the level of the conscious, subconscious and integrative mind in the Tesla Metamorphosis II seminar, though they were not aware of such abilities before.



*Anya's aura
When we work with Tesla Metamorphosis our auras expand.*



*Three students, doing Tesla Soul Communication on each other,
are all within one aura.*

tion between the sender and the receiver. That means the lines of communication remain private.⁴⁵

We do not have a scientific explanation of what exactly happens in Tesla Soul Communication, but the results our clients report show that the healings are taking place. It is also obvious that this work with energy consciousness can change the energy consciousness frequency of the healer. As the scientific research in the Waisman Laboratory for Brain Imaging and Behaviour at the University of Wisconsin shows that meditation created changes in the brains of Tibetan monks, it is possible that the process of healing and work with energy consciousness creates changes in the brains of the healers. This phenomenon is called neuroplasticity. Tesla Metamorphosis practitioners say that they can feel changes; that their intuition and awareness, and their cognitive and creative abilities are enhanced. It does not seem that the change is just on the brain consciousness level. It is on all the levels of consciousness. The phenomenon of deep creative insights which is known to many creators in the fields of science and art seem to be enhanced. However, the very act of creation is going on at the subconscious and integrative mind levels. We receive a lot of stories about changes in attitude, creativity, systems of values, awareness and life in general from our practitioners, as well as from clients who have had Tesla Metamorphosis sessions. One university professor reported that all of a sudden he became the most popular educator and that his lectures seemed to him more inspirational than ever before. An artist wrote that her latest exhibition achieved greater success than any previous. A physicist reported that he had found a solution for a problem he was trying to solve for a long time. It is obvious that these frequencies of energy stimulate a strong shift in our consciousness evolution.

On The Edge of Living and Dying

One of the Tesla Soul Communications was a very precious experience and healing for me, because it gave me a better understanding of the process of dying. The phenomenon of the transition had aroused my curiosity a long time ago. When I was at university, one of my friends told me about her experiences during her clinical deaths. She was telling me about her watching the surgery on another table and watching medical staff running around in a panic, trying to revive her. She said that she felt very calm, she did not have any emotions like fear or sadness; she was mostly preoccupied with a nurse's beautiful blond hair.

When my Nana had fallen in a coma, that very moment I felt it. I was standing next to a drawing desk watching the architectural plan my friend was working on, when, all of a sudden, I felt very feeble. I was covered in sweat from head to toe, and I had to sit on the sofa. I just knew that Nana was leaving us. I was in Belgrade, and she was in Kragujevac (around 250km away). Fifteen minutes later, my cousin phoned to inform me that Nana was taken to the hospital and that she was in a coma. My parents and I got into the car and drove to Kragujevac, straight to the hospital. I was standing next to Nana's bed watching her face. It was so serene. Her lips were as if she was smiling. I knew she could hear my thoughts. I was telling her that I loved her. I was beseeching her to stay. One tear slowly ran from her eye. She heard me. I could hear her voice in my mind. She told me that she had to go. She told me that I will be fine and that she will always be there for me. And she was gone.

As I was always interested in this phenomenon of near death experience, I read a lot about it. However, the healing with Sarah was my personal experience of communicating with somebody who was on the edge of living and dying, and who was deciding which way to go. Being with Sarah during her process of healing while she was in a coma opened a completely new dimension in my consciousness. Healing her was, for me, experiencing the process of transition together with her.

When we think of dying, we always connect it with sorrow, with loss, with mourning. We feel that we are losing somebody for good. It might not be the truth, but yes, we might be losing them in this dimension, and this makes us sad and makes us suffer. Even when somebody goes for a long trip, both, the one who is gone and those who were left behind are sad. That is why I was really surprised because Sarah was very cheerful and humorous. I asked her: “How are you?” Her answer was: “Dobro!” (“Good” in Serbian) I can speak any language now. Isn’t it great! I am happy here, don’t you worry! You might help me leave.”

I was very much aware that I was there to serve her in whatever she chose. “My friend Gordon (her son) would not be very happy with me if I helped you leave. Please think it over,” I asked her.

“Thinking is funny. Thoughts are ... You would not understand it, anyway. Can you see the light?”

No, I did not see the light she was talking about. “Thoughts are funny.” This might have been a comment that was expressing her awareness of the limitations of our logical mind. Her mind had expanded beyond the frequency of consciousness of us humans in this dimension, and this form during our life on Earth. Estella³ is explaining how we humans think linearly following the pattern of our understanding of time, placing events in past, present and future. We are not able to perceive time and space as multidimensional. In Tesla Soul Communications we might transcend the time and space, but it is difficult to express this experience in words.

During the healing, it could happen that the healer feels in their body the same sensation the client feels in his body. This does not mean that the healer is taking on the disease. This is just one of the ways of how clients try to show us what they are experiencing. There is no reason to share unpleasant sensations, and therefore, in such situations we ask the client to show us this in some other way. That was what I did when I started having an uncomfortable feeling in my tummy. Sarah explained: “That is from medications. Oh, those doctors are so boring, just running around and putting some chemicals into my body.” She noticed that my eyes were teary.

3 Chapter 3, Metamorphosis of Consciousness, channeled text from Estella.

“Oh, don’t you cry! There is no reason for sorrow. I am fine.” She laughed.

Our conversation lasted for almost four hours. She was showing me her nice memories from mountains in Scotland, a painting above the fireplace in her home in England. She was teasing me about some events from the time when we both lived in London. One thing really stunned me. She asked my forgiveness for judging me for leaving my husband and returning to Yugoslavia back then. I was not happy in London because I felt cramped. I felt I could not be myself. And I felt homesick. In this healing, Sarah started explaining with a nice sense of humour how she had changed her belief system that “the wife’s place was next to her husband, no matter what were her needs”. And then she added: “Now I understand that you had to leave. You had to follow your life’s purpose.”

Gosh, I was not even aware that Sarah knew so much about my personal life. She was the mother of my friend and most of the conversation with her was “Good evening, Mrs. Sarah” or “Goodbye, Mrs. Sarah”. I thanked her for sharing this with me and asked her to come back, to join us.

“Oh, who is going to go back into this wreck of a body? When I go back everything is so painful!” She said. On my comment that she was funny, she answered: “I was not very funny in my life. I was always playing a serious role. Nobody knew I was funny. Actually, I like being funny! Now I can be who I really am.” In the coma, she was liberated from the belief that she had to play the role of a serious person.

For a moment, I imagined myself sitting there in my library all alone, with my hands facing each other and crying and laughing and having who knows what kind of different expression on my face. If I were on a hidden camera, it would be hilarious to tears for those who would be watching!

Sarah laughed: “I like you!” Touching my nose: “You are making my day! Thank you for keeping me company. I can be what I had no courage to be. I can have fun! I feel great! Don’t you worry, you are not crazy. This is all natural. You keep on saying that to everyone, don’t you? How do you expect others to understand that

this is all natural when you are questioning it from time to time? Why do people think death is so sad?”

“It is separating them. I miss my Nana and my father,” I told her.

“They are in the light. They are fine,” she replied. I was so grateful to her for cheering me up.

“You are really cheering me up, too. This hospital is so boring!” Sarah said.

I felt pain in my neck and head. “It is so painful in my body”, she explained “I am not sure if I want to come back. I feel better when I am out of this wreck!”

I had a vision of her brain with a dot in the right hemisphere, as if somebody had spilled a drop of ink. In my vision, the dot was dissolving slowly, as if somebody was diluting the ink dot with water. I could feel that she was drawing a lot of energy.

“You can leave now. Thank you”, Sarah said. The healing session was over. I did not know what Sarah’s final decision was.

Gordon rushed to the hospital. He stood by his mother’s bed, holding her feet. He felt her right foot moving. Sarah opened her eyes. The left side of her body was paralysed, and she had lost her short-term memory for a while, but she recovered in a short period of time. The following day Gordon went to the hospital, and when he entered his mother’s room together with a nurse, he exclaimed: “Oh, what a fast improvement!” There were no needles, infusions or any instruments connected to his mother’s body. The nurse responded: “This is not an improvement! She yanked out everything!” (Remember how she said: “Those doctors are so boring, just running around and putting some chemicals into my body.”)

After nine days she was not paralysed anymore, and her memory was back. Her family noticed that she was more humorous than she used to be.

Discover Yourself

Tesla Soul Communication can be very useful for our clients, but it is equally important and useful for the Tesla Metamorphosis practitioners. It is a very precious tool which can help us discover

our own hidden feelings, our masked fears, our true motives, our potentials and purpose. This is a great method to help us become a better human being, to change our behaviour, attitudes and responsibilities towards ourselves, as well as towards all other beings. We can reach the awareness of our whole being from all different aspects. We can gain the knowledge of why and how we can heal ourselves. Also, working with Tesla Soul Communication will help us develop our intuition and elevate our consciousness, to work on the evolution of our soul.

Most of us believe that we know ourselves well, that we are honest with ourselves. Actually, nobody can deceive us as successfully as we ourselves can do it. That is why it is a special challenge to do Tesla Soul Communication on oneself. This way you can get to know yourself better, you can unveil some truths you might be hiding from yourself. This process might help you understand better your reactions in some situations and clarify your true motives and your goals. There are no doubts that by doing so, it is very beneficial, though it could happen that you face some dramatic or surprising discovery of the aspects of the Self that you were not aware of, and that you could encounter during the process of the self Tesla Soul Communication. It is highly recommended to practitioners to do it from time to time. "Anybody whose calling is to guide souls should have his own soul guided first, so that he knows what it means to deal with the human soul." (Jung C. G.)¹¹¹

I was, also, one of those who believed that they knew and understood themselves, that they were absolutely honest with themselves, until I did the very first Tesla Soul Communication on myself. It helped me to bring to my awareness that I carried a feeling of guilt toward a situation in my life, and was not aware of it.

I was twenty-four-years-old and I lived in London with my first love and my first husband who loved me with all his heart. I do not believe that anybody could ever love me as much as he did. And I loved him very much. The problem was, I was not happy in London. I did not like the climate. I did not like the fact that women were not treated equally as men. I did not like the working hours from 10 am till 6 pm. The whole day would be spent on covering the distances one had to drive from home to work, and back. You

waited for the weekend to live, and on the weekend it would rain. I liked the humour on English television, but I could not find friends with this sense of humour (except for one).

The truth was, the problem was not in London, the problem was in me. I did not like myself in London. I had a feeling that there I could not express myself enough, that I could not be creative to my potentials. As a result, I became sarcastic and ironic. I was not happy. I was not myself. I knew that I could have persuaded my husband to return to Belgrade, but that would have made him unhappy. As a young architect who had just started working, in London he was given the opportunity to design a hotel, which was a huge success in his life.

I made a decision, and I left London. I returned to Belgrade. I remember my mother asking me: “What do you want? Do you know what you want in your life?”

My answer was: “I do not know what I want, but I do know what I do not want.”

To others, I looked calm and “untouchable”. Only I knew how very painful it was for me to leave my first and only love, but I just felt I had to go on. I had to leave. I knew, my decision did not make any sense to my husband, my decision did not make any sense to my parents, it even was not logical to me, *but I felt I had to leave!* I knew I had to move away and move forward. I never regretted it because I had to move on from this point in my life. How did I know it? I do not know. I just knew. Now, it is clear to me, looking from this perspective, that I probably would not have been able to do what I was meant to do, that I would probably have got sick if I had stayed in London. I needed to be myself, and in London, married, I did not have space for that. I knew I needed to do more in my life, though, at that stage, it was not clear to me what it was that I needed to do. But I carried this subconscious feeling of guilt for leaving the one who loved me as a goddess. I felt guilty for hurting him. And this feeling of guilt was present with me all the time. In various occasions in my life I was, probably, acting from the perspective of this feeling of guilt that I was not aware of. I was either being too rigid, or being too tolerant, in some situation which I would subconsciously connect with this experience in my life. This

was up until I did Tesla Soul Communication on myself, when I managed to bring it to the level of my conscious mind and to heal this feeling of guilt.

There was another situation when Tesla Soul Communication heled me. Through various symptoms, our bodies are trying to communicate with us for many different reasons, especially when we are not ready to listen to our heart. I have experienced this myself. I had an ear infection that would not heal for quite a while. Clients were coming and going, reporting healings from all different illnesses, and I could not heal my ear! Not until I did Tesla Soul Communication on myself, to find out what it was that *I was not ready to hear*. It was not a very pleasant, but it was very helpful event. Also, it was valuable, as now I can share this with you and with my students.

Tesla Soul Communication can help us tremendously on our journey of discovering our mission and purpose in this lifetime. In one of the sessions, I received the message that “I am a warrior; my sword is LOVE”. In the same session, I received an image, something as a symbol. In that image was a rainbow sphere with a triangle in the middle, with rays of light radiating out of it. I drew it. Later, I found out that this was the symbol of transformation, of metamorphosis. My duty in this lifetime on Earth is to undergo my own transformation and to help others to go through their own metamorphosis at this time when our mother planet Earth also is in a period of great changes. In some transitional periods in my life, Tesla Soul Communication can help me to make a choice, to make a decision. Our soul knows better than our logical mind. At times when it was hard to move from my comfort zone, and I had this irresistible subconscious urge to move, most often ostensibly with no logical reason, communication with my soul would give me the answers, support and awareness.

Self Tesla Soul Communication is the last exercise that we do at this seminar. Students are not required to read in the class that which they receive, unless they wish to share. Often, even on this very first communication with their own souls, people get a deeper understanding of themselves. It is not a rare situation that they experience very strong emotions through their process of self-discov-

ery. It is not always easy to face your soul, but the communication with your soul can bring more into your life and expand your life mission to very dramatic levels, helping you move forward with your personal growth, bringing better health and personal happiness. This is giving you the access to internal and external sources of wisdom, healing and transformation.